

## Natalia LaLonde

Height 5'9" Bust 34" B Waist 25" Hips 35" Dress 4 US Shoe 9.5 US  
Hair Brown Eyes Brown

Instagram

My name is Natalia LaLonde, I'm a model as well as a certified health coach. I'm passionate about discovering how to live our healthiest and fullest lives. Constantly trying to educate myself on proper fitness techniques, trying new classes, researching traditional chinese medicines and making tik toks of healthy recipes



**CGM**  
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MANAGEMENT

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